

# The Cartwheel CHRONICLES

January 2026



## Update

We are entering our 3<sup>rd</sup> week of recreation programming for our winter session. If you have any questions regarding your child's progress please feel free to reach out to the coach after class.



Please note that a parent must be present in the viewing area at all times if your child is under 6.



## Competitive News

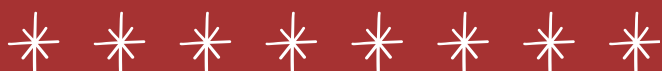
FGC hosted our Annual Mock Meet on January 17 for our Competitive athletes. This is a practice competition designed to help gymnasts experience what a real meet feels like in a fun, low-pressure environment. Athletes perform routines with Judges, follow competition rules, and rotate through events just like a official meet.

We want to thank our Board of Directors, Parent Volunteers, Coaches, and Judges it was a terrific success.



## Fundraising

We finished our fundraiser for Purdy's back in December. It was successful. FGC will be planning to do a 50/50 Raffle in the coming weeks. More information will come regarding that.



If you would like to give us your suggestions for volunteer opportunities please email us at [admin@fortsaskgymnastics.ca](mailto:admin@fortsaskgymnastics.ca)

## FGC Merch

We will be sending out the link in the coming weeks to purchase FGC merch. More information will be sent by email.

You will be able to purchase backpacks, hoodies, t-shirts, sweatshirts, and much more.

## Coach of the Month

We are excited to announce Coach Claire as our Coach of the Month. Claire is a Jr Coach. She coaches a variety of our recreational classes. Claire was a Competitive Athlete at FGC for many years. We are very proud to have her as apart of our coaching staff. Thank you for all the hard work you do Claire!



Favorite Color: Purple

Favorite Skill: Flyaway off bars

Favorite Class to teach: Little Learner ¾ and Rec 1/2

Favorite thing to do outside of work: Doing gymnastics and hanging out with friends

## SPONSORS

We want to thank our Sponsors!



Fort Gymnastics Club

Phone number: (587) 285-3441  
[admin@fortsaskgymnastics.ca](mailto:admin@fortsaskgymnastics.ca)